

Brisket with Red Wine and Harissa by @fomo_by_mo

Pair with the 2016 Portrait

Follow along with the tutorial <u>here</u>

2 or 3 lbs of brisket
1 carrot
2 celery stalks
Cilantro (chopped fine)
2 red/ yellow onion
1 3/4 cup of Ehlers estate red wine
1 3/4 cup beef stock
1/4 red wine vinegar (optional)
1tbsp Harissa
2tbsp tomato paste
1/2 herb de Provence (optional, makes the dish fragrant)
10 cloves of garlic

Method:

- 1. Preheat the oven at 350°
- 2. Slice everything up except the garlic. Keep the cilantro later for garnish
- 3. Brown the brisket on both sides
- 4. Add the onion, garlic, carrot, celery and fry till its translucent.
- 5. Add the tomato, Harissa, herb de Provence.
- 6. Stir in the red wine vinegar, beef stock & red wine

7. Add your brisket back in and baked for 3 1/2 hours or till the meat falls off. Don't forget to salt and pepper for taste.